PRESIDENTIAL EXIT

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The biggest problem that we’re facing right now has to do with George Bush trying to bring more and more power into the executive branch and not go through Congress at all, and that’s what I intend to reverse when I’m president of the United States of America.¹

Why is @BarackObama constantly issuing executive orders that are major power grabs of authority?²

President Trump signed the 30th executive order of his presidency on Friday, capping off a whirlwind period that produced more orders in his first 100 days than for any president since Harry Truman. The rash of executive orders underlines Trump’s focus on reversing as much of the Obama administration’s policy agenda as he can.³

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¹ Barack Obama, Town hall in Lancaster, PA (Mar. 31, 2008).
INTRODUCTION

In 1984, Mexico City played host to the second International Conference on Population, one of many conferences the United Nations sponsors each year. The Reagan administration raised the meeting’s profile by announcing a new policy: the U.S. government would now require foreign groups receiving U.S. funds to certify that they will not use funds from any source to “perform or actively promote abortion as a method of family planning.” This requirement became known as the “Mexico City Policy” and stayed in place during the subsequent administration of President George H.W. Bush. Upon taking office four years later, however, one of President Bill Clinton’s very first actions was the issuance of a presidential memorandum reversing the Mexico City Policy. When the presidency switched back to the Republicans, President George W. Bush issued a presidential memorandum reinstating the policy, which was quickly reversed by President Barack Obama when the Democrats next took the White House. Following this trend, President Donald Trump reinstated the policy on his third day in office.

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This now predictable dance, with Republican presidents reinstating the Mexico City Policy and Democratic presidents rescinding it, is but one example of how presidents treat their predecessors’ direct actions with every change in administration. The flow of executive orders, presidential memoranda, proclamations, determinations, executive agreements, national security directives, signing statements and other pronouncements emanating from the early days of every White House administration—what presidency scholar Phillip Cooper calls presidential direct actions—serves as a lightning rod for claims that the president is engaged in a “powergrab.” Not infrequently, however, one president’s grab is about undoing another president’s grab.

It should be no surprise that each president uses direct actions to undo many of the initiatives that prior presidents had launched through their own direct actions. This certainly was the case during the first days of the Trump administration. In short order, he took aim at President Obama’s actions on the Paris Agreement on climate change, the Keystone XL oil pipeline permit, the offshore drilling ban, national monument designations, relations with Cuba, the Trans-Pacific Partnership trade agreement, and a whole host of President Obama’s

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11. Id. at 2–17.
direct-action initiatives.  

But President Trump is by no means unique in this regard, for many of his predecessors did the same to their predecessors’ direct actions. The reality is that “[t]he act of changing or even terminating executive orders is a common practice that is exercised by the White House,” so much so that it has become one of the principal strategic political uses of direct actions by recent presidents. For example, while President Trump has been characterized as intent on dismantling Obama-era direct actions, President Obama’s first executive order revoked an executive order that President George W. Bush had issued regarding presidential records disclosure, fulfilling just one of Obama’s several campaign promises to reverse course. President Obama followed through with numerous other direct actions designed to “sweep away Bush policies.”

Hence the media focus on a new president’s “first 100 days in office.” Part of the media’s attention is on new initiatives, but much also focuses on the image of a new president tearing up a predecessor’s executive orders (ironically, through new executive orders), often accompanied with the fiery rhetoric of a new sheriff in town.

In short, presidents, like Congress and administrative agencies, routinely engage in exit to reverse prior administrations’ initiatives and policies, and when one president has made policy through a direct action, the most effective way for a successor to undo it is through another direct action. Although this practice has been a robust feature of the presidency for many decades and by all appearances will...
continue, presidency scholar Adam Warber aptly observed over a decade ago that “[t]he president’s power to revoke, supersede, and amend executive orders has managed to escape the research agenda of presidential scholars.”26 As political scientist Sharece Thrower more recently observed in her 2017 study of executive-order longevity, “there exists a facet of presidential power left unexplored—the power to change or overturn previous orders.”27 A full understanding of presidential behavior requires attention to this practice, she contends, because “unlike other policies, presidents can easily alter these orders without the same immediate constraints faced by the other branches of government.”28

We believe these scholars are on target, and we admit to the same myopia they have exposed. In our 2015 article, Regulatory Exit,29 we examined the design and use of exit strategies in the administrative state.30 From prenuptial agreements to venture capital investment agreements, exit strategies are ubiquitous in life’s relationships. Exit is an inevitable feature of governance as well, and its challenges arise in a wider range of activities than is commonly recognized. Regulatory exit is often by design: entitlement benefits end when income limits are exceeded, employment regulations drop off when employee numbers fall below thresholds, and emission regulations are relaxed as pollutant levels fall. In other instances, regulatory exit is much messier, as Congress or an agency reexamines a statute or rule for amendment or perhaps even outright elimination.

Exit lurks in the background of the administrative state—the question is whether it should figure more prominently in the foreground, as a matter of intentional design when new regulatory or benefits regimes are being hatched. We argued that it should, set out a framework for four types of exit strategies, showed which are most appropriate for promoting certain behaviors by public and private

26. Warber, supra note 20, at 61. For full descriptions and comparisons of the acts of amending, superseding, and revoking prior direct actions, see id. at 48–51.

27. Sharece Thrower, To Revoke or Not Revoke? The Political Determinants of Executive Order Longevity, 61 AM. J. POL. SCI. 642, 643 (2017). Warber and Thrower both argue that this practice is an important dimension of the presidency deserving far more attention than it has received. Warber urges that “if we are to understand the unique characteristics of executive orders and apply sophisticated tools to analyze them, scholars must realize that there is a degree of interdependency that exists among executive orders. That is, the fate of every directive is dependent on the future policy actions of the president.” Warber, supra note 20, at 61.

28. Thrower, supra note 27, at 644.


30. Id. at 1299–1301.
actors, and examined the challenges that each type of exit raises. This type of analysis, we argued, helps explain the shape administrative programs can and should take.

In all respects, however, our focus was on legislatures and agencies—on legislative exit and administrative exit. We left out the role of presidential exit because it did not seem as important. Given the concerns that have been raised about the Trump administration’s rapid and sweeping reversal of President Obama’s direct actions, though, this omission appears more and more as a major gap in legal and policy scholarship. Other presidents have surely made use of exit strategies at the beginning of their terms, but the Trump administration’s use of exit seems qualitatively different. Indeed, most of his high-profile actions to date have involved some form of exit.

While there is a robust literature on specific types of presidential direct actions, there is no examination of direct actions as part of a broader exit strategy. This Article closes that gap by extending our analysis of regulatory exit to presidential direct action, and to examine the different types of presidential exit and how they are employed. Part I explains the exit framework we set out in our 2015 article, describing each of the four categories with illustrative examples. Part II reviews the range of presidential direct actions and the scholarship on how presidents have employed them to exit from prior presidents’ direct actions. Part III joins these together, mapping the exit framework onto presidential exit in four separate case studies that illustrate the exit categories. Part IV analyzes how Congress (when it delegates direct action authority to the president) and the president (when exercising direct action authority) can influence and constrain successor presidential exit. Part IV also considers the innovative strategy of “symbolic exit.” This has been the Trump administration’s signature approach of announcing exit but not following through, leaving it to Congress, agencies, or future presidential action to make the exit complete. This is as much a political strategy as a legal strategy and forces us to rethink the nature of exit in the administrative state.

I. UNDERSTANDING EXIT

In our 2015 article, we examined the theory and practice of exit.

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31. Even Warber and Thrower, while forging a new focus on presidential exit, do not explore it from the standpoint of how to systematically design exit strategies for presidential direct actions.
strategies in the administrative state. Despite the central and necessary role of exit, it had been an undertheorized area of legal scholarship. Focusing on exit reveals foundational questions not usually asked in administrative law scholarship: What is the range of exit strategies? Which are most appropriate for promoting certain behaviors of public and private actors, and which are most appropriate for preventing perverse behaviors?

Focusing on congressional and agency action, we defined exit as the intentional, significant reduction in governmental intervention initiated at a particular time under specified processes and conditions. In order to understand exit as a general phenomenon, we proposed assessing its character along two dimensions. The first dimension measures when the exit design decision is made. Ex ante design decisions occur at the front end of the intervention, during the design of the program itself and prior to its implementation. Ex post exit design occurs after the intervention has begun. The second dimension tracks the clarity of conditions necessary for exit to occur, regardless of whether they are designed ex ante or ex post—how clear are the exit requirements? This dimension runs from transparent to opaque.

In ex ante settings, the process and conditions for exit are established before engagement, as in “sunsetting” provisions which determine the time a program will automatically expire unless there is explicit reauthorization. As the exit date approaches, there may be sufficient political support to prevent exit from happening, but it requires action on the part of those who wish to block the exit path. In ex post settings, the process and conditions for exit are established after engagement has commenced. An example of this would be California’s deregulation of wholesale electricity pricing. Only decades after ratemaking was implemented did policymakers decide to stop this practice.

The transparent-opaque dimension measures how difficult it is to determine whether the conditions for exit have been satisfied. To put it another way, how clearly mapped is the pathway to exit? Are the exit requirements objective and clear or subjective and murky? To a certain

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32. This section is adapted from Ruhl & Salzman, supra note 29, at 1312–25.
extent, the transparent/opaque distinction tracks the well-known difference between rules and standards. In transparent exit conditions, determining how exit is accomplished is made simple through rule-like thresholds and requirements. In child welfare programs, for example, once you reach the age of eighteen, you are out. For opaque exit, determining the conditions for departure is more difficult and costly given the standard-based approach. For example, delisting a species from the Endangered Species Act (ESA) involves a subjective assessment of the species’ “recovery” and demands a high evidentiary burden.

Combining the two dimensions of timing and clarity allows us to create a simple two-by-two matrix, shown in the figure below. Each cell represents a distinct category of exit.

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<thead>
<tr>
<th>Ex Ante</th>
<th>Transparent</th>
<th>Opaque</th>
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<tbody>
<tr>
<td>Mapped Exit</td>
<td>Sunsetting of assault weapons ban</td>
<td>Uncertain Exit</td>
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<td></td>
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<td>Endangered species delisting</td>
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<tr>
<td>Ex Post</td>
<td>Adaptive Exit</td>
<td>California electricity market deregulation</td>
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<td>Efforts to halt the Affordable Care Act</td>
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*Mapped exit* strategies generally share a number of features. The conditions required for exit are objective or easy to determine. If the conditions are met, exit is often automatic. Thus mapped exit often operates as a binary on/off switch. There is a burden of proof on the regulated party to prove that the conditions have been met; this and

35. See Gideon Parchomovsky & Alex Stein, *Catalogs*, 115 *COLUM. L. REV.* 165, 166–67 (2015). Parchomovsky & Stein explain that “[r]ules come in handy for individuals trying to figure out whether their contemplated conduct is prohibited or permitted,” whereas “[t]he same kind of ex ante clarity is not readily available under standards, whose precise implications for a given course of action are determined by a court or an agency only after the fact.” *Id.*


the burden of proof on the regulator to rebut exit are both clearly spelled out. The assault weapons ban, for example, was designed to sunset on September 13, 2004, unless Congress renewed it.\textsuperscript{38}

Mapped exit is easy to assess and implement. It should also ensure lower transaction costs for determining eligibility criteria—the actual costs of exiting could be high but the clarity of the conditions for exit allows program participants to identify early on the costs of exit and to adapt their behavior accordingly. This provides a classic example of bargaining in the shadow of the law.\textsuperscript{39}

In \textit{uncertain exit}, exit has been accounted for up front but the specific conditions for exit are difficult to determine in practice. In these settings, subjective standards make the exit decision dependent on a discretionary judgment. In regulatory contexts, there exists a high burden of proof on the regulated party to obtain exit approval from the agency and, often, a correspondingly high cost on the regulated party to meet the conditions. In the practice of delisting a species under the Endangered Species Act, for example, this ex ante strategy imposes a subjective standard and requires a high burden of proof.\textsuperscript{40} A series of five standards must be met to ensure that the species has recovered enough to no longer merit protection. Uncertain exit is often used when the consequences of exit are complicated, making clear rules infeasible.

\textit{Adaptive exit} occurs when clear standards are established for exit after the program has already commenced. It may be the case that it appeared too difficult to predict the conditions appropriate for exit at the time of program creation and so exit decisions were intentionally pushed off, assuming agencies would learn over time as the program develops. Or it may be the case that the demand for exit is only recognized after creation of the program, when experience makes clear that the original mechanism or conditions for exit were inadequate, making exit either too easy or too difficult. Deregulation provides the bluntest example of adaptive exit, where the government simply departs from a formerly regulated area.

The last category, \textit{messy exit}, occurs the least frequently, which is

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probably a good thing. Here, there are no ex ante conditions for exit, either because at program inception the issues were too contested and too politicized to consider ex ante exit strategies without undermining the supportive coalition, or because the program was designed to not allow exit. As with adaptive exit, the demand for exit is recognized only after creation of the program. The difference is that, with messy exit, the path to exit is unclear. This has clearly been playing out in the drama over the contorted efforts to end the Affordable Care Act. At the time of passage, it was highly contested whether government should even enter the area and there was no discussion of exit. Years later, it is still unclear how exit will be possible.

We apply this model in Part III to presidential exit, showing that the categories of mapped, uncertain, adaptive and messy exit help explain how presidents back out of predecessors’ direct-action policies. First, though, Part II lays a foundation by reviewing scholarship on the mechanics and history of presidential exit.

II. REVOKING, AMENDING, AND SUPERSEDING PRESIDENTIAL DIRECT ACTIONS

Presidents take many actions and make many statements, not all of which are intended as official exercises of power. A president might frame policy goals in a press conference, a cabinet meeting, or a letter to Congress, without purporting to call into play presidential authority. Even when a president does mean to exercise authority, other institutions may be necessary to finish the act, such as when an agency must promulgate a rule to implement a president’s policy wishes, or when Congress must confirm a judicial appointment. But there are also many instances when presidents exert some level of direct legal authority, pursuant to either inherent constitutional powers or statutory delegation, that does not require action or consent by any other institution. This Article is about those presidential direct actions; more specifically, it is about whether and how one president can exit from a predecessor’s direct action through yet another direct action revoking, amending, or superseding the original. In this Part, we lay the foundation for exploring that question by outlining the major forms of presidential direct action and summarizing the extensive history of presidential exit.

As an entry point to the theme, Phillip Cooper’s book, By Order
of the President,\textsuperscript{41} published in its second edition in 2014, is a masterful analysis of presidential direct actions. It works through each type of direct action, describing its features and uses and assessing its changing place in history.\textsuperscript{42} Cooper provides a deep account of six major direct-action instruments. We describe them below and add a seventh.\textsuperscript{43}

\textit{Executive Orders:} Considered the most formal and prominent of the direct actions, executive orders are written directives to government officials and agencies of the executive branch, instructing them to take action, stop a specified activity, change policy or management direction, or delegate authority.\textsuperscript{44} The U.S. Department of State (State Department) began numbering executive orders in 1907, and since the Federal Register Act of 1935, executive orders are almost always required to be published in the Federal Register.\textsuperscript{45}

\textit{Presidential Memoranda:} Cooper refers to these direct actions as “executive orders by another name,” in the sense that “[a]s a practical matter, the memorandum is now being used as the equivalent of an executive order, but without meeting the legal requirements for an

\begin{itemize}
\item \textsuperscript{41} COOPER, supra note 10.
\item \textsuperscript{42} See id. at 17. For additional background on presidential direct actions from policy scholars, see GRAHAM G. DODDS, TAKE UP YOUR PEN: UNILATERAL PRESIDENTIAL DIRECTIVES IN AMERICAN POLITICS 3–4 (2013); WILLIAM G. HOWELL, POWER WITHOUT PERSUASION: THE POLITICS OF DIRECT PRESIDENTIAL ACTION, at xiv (2003); KENNETH R. MAYER, WITH THE STROKE OF A PEN: EXECUTIVE ORDERS AND PRESIDENTIAL POWER 31–33 (2001). Legal scholars have, for the most part, not focused on presidential direct actions. One notable exception is Professor Kevin Stack’s series of articles exploring the exercise and judicial review of presidential direct actions implementing statutorily delegated powers. See Kevin M. Stack, The Reviewability of the President’s Statutory Powers, 62 VAND. L. REV. 1171, 1171 (2009); Kevin M. Stack, The President’s Statutory Powers to Administer the Laws, 106 COLUM. L. REV. 263, 263 (2006); Kevin M. Stack, The Statutory President, 90 IOWA L. REV. 539, 539 (2005) [hereinafter Stack, The Statutory President]. Several legal academics and practitioners have voiced concerns over presidential abuse of direct actions. See, e.g., Tara L. Branum, President or King? The Use and Abuse of Executive Orders in Modern-Day America, 28 J. LEGIS. 1, 2 (2002); John C. Duncan, Jr., A Critical Consideration of Executive Orders: Glimmerings of Autopoiesis in the Executive Role, 35 VT. L. REV. 333, 345 (2010); Todd F. Gaziano, The Use and Abuse of Executive Orders and Other Presidential Directives, 5 TEX. REV. L. & POL. 267, 297–316 (2001).
\item \textsuperscript{43} Depending on how one classifies them, there are almost thirty different types of presidential direct actions and their boundaries are fuzzy at best. DODDS, supra note 42, at 5–10. Regardless of how one classifies them, it is almost always the case that many actors from within the White House, and often from agencies as well, are involved in the negotiation and drafting of direct actions for the president’s final say and signature. See Andrew Rudalevige, The Contemporary Presidency: Executive Orders and Presidential Unilateralism, 42 PRESIDENTIAL STUD. Q. 138 (2012).
\item \textsuperscript{44} COOPER, supra note 10, at 21.
\item \textsuperscript{45} Id. at 22; see John Woolley & Gerhard Peters, Executive Orders: Washington-Trump, AM. PRESIDENCY PROJECT, http://www.presidency.ucsb.edu/data/orders.php [https://perma.cc/2F4B-XBUG].
\end{itemize}
executive order,” such as numbering and publishing.46 Modern presidents have routinely used both executive orders and memoranda, and the conventional view is that there is no substantive difference in legal force or effect.47

Proclamations: These instruments, which must be published in the Federal Register, state conditions, trigger implementation of laws, and recognize symbolic events by, for example, declaring a natural disaster or declaring a day or week of recognition.48 Whereas executive orders and memoranda are generally directed to federal agencies and officials within the executive branch, proclamations are generally aimed outward, to foreign, state, local, and private institutions.49 But that is not always the case—presidents have used proclamations to declare federal public lands and waters as national monuments under the Antiquities Act.50

Presidential Determinations: Although similar to presidential memoranda, presidential determinations generally are focused on foreign policy and are numbered chronologically by fiscal year.51 They are usually made pursuant to statutes that require the president “to make findings concerning the status of a foreign country or some activity in the foreign policy field,” which then triggers some action or other condition under the statute.52

National Security Directives: These are formal notifications to government agencies or officials regarding national security decisions to coordinate military policy, foreign policy, intelligence policy, or other security policies, such as those managed through the National Security Council.53

Executive Agreements: Cooper describes executive agreements as “the substance of a treaty without the constitutional process.”54 Indeed, the State Department defines two kinds of international agreements, treaties and executive agreements, the latter being “other international agreements” that the president enters pursuant to a treaty, legislation,

46. COOPER, supra note 10, at 115, 120.
47. Id. at 120–22.
48. Id. at 172.
49. See id. at 173 (“[O]rders are directed to government officials (internal), while proclamations are aimed at those outside of government (external).”).
50. See infra Part III.C.
51. COOPER, supra note 10, at 123.
52. Id. at 123–24.
53. Id. at 208.
54. Id. at 282.
or simply “the constitutional authority of the president.”

*Signing Statements:* These are written comments a president issues at the time of signing legislation. Although most signing statements merely comment briefly and favorably on the bill signed, the more controversial statements express concerns and limitations. For example, the statement might claim that the legislation infringes on the constitutional powers of the presidency, announce interpretations of the legislation’s language, or instruct executive-branch officials how to implement the new law, including by ignoring it.

*Tweets:* The rising use by politicians of social media as a channel of communication has raised questions regarding the status of President Trump’s frequent tweets. Cooper did not include tweets in his account of presidential direct actions—until recently, no one could be blamed for thinking a tweet is just a tweet—but they warrant their own treatment given how important a role they have come to play in the Trump administration. For example, former White House Press Secretary Sean Spicer somewhat circularly explained the status of President Trump’s tweets, stating that “[t]he President is the President of the United States, so they’re considered official statements by the President of the United States.”

We take him at his word, as did a panel of the Ninth Circuit Court of Appeals when ruling on the so-called “travel ban,” pointing to a Trump tweet as tantamount to an official presidential “assessment.” Indeed, the Department of Justice recently declared in litigation that the tweets are “official statements of the President of the United States.” Part IV shows that President Trump has used tweets to shape a new style of presidential exit we call *symbolic exit*, which we contend must be taken seriously notwithstanding how different they are in form from the traditional categories of presidential direct action.

55. *Id.*
56. *Id.* at 325.
58. See Hawaii v. Trump, 859 F.3d 741, 773 n.14 (9th Cir. 2017) (citing a tweet when noting that “the President recently confirmed his assessment that it is the ‘countries’ that are inherently dangerous, rather than the 180 million individual nationals of those countries who are barred from entry under the President’s ‘travel ban’” (citing Donald J. Trump (@realDonaldTrump), TWITTER (June 5, 2017, 6:20 PM)), cert. granted, judgment vacated, 138 S. Ct. 377 (2017) (mem.), vacated, 874 F.3d 1112 (9th Cir. 2017).
These and other presidential direct actions operate in an environment driven by two default rules. The first is that, notwithstanding their remarkably unencumbered promulgation process, they remain in effect through a change in administration. This means that an incoming president is “inheriting a large body of executive orders and other pronouncements.” This pileup of direct actions is, therefore, in a sense binding on successors. The second default rule, however, is that direct actions have this effect only “until subsequent presidential action is taken,” which usually is through another direct action amending, superseding, or revoking the original. Easy come, easy go.

While great attention has been focused on President Trump’s efforts to amend, supersede, or revoke a prior direct action, it is important to recognize that presidential exit has a long and rich history—Trump is by no means an outlier. We recounted the history of the Mexico City Policy and other examples of presidential exit in the Introduction. But how often does it really happen, and under what conditions?

To measure the frequency of presidential exit over time, political science scholar Adam Warber systematically quantified and classified executive orders issued from President Franklin D. Roosevelt’s first term through President Clinton’s second term. Warber divided the executive orders into three categories: symbolic orders designed to accomplish ceremonial and similar tasks, such as declaring National Boating Week; routine orders for managing housekeeping matters, such as establishing the order of official delegations in a federal agency; and policy orders issued to initiate or reverse major policy, such as the Mexico City Policy orders. He found that policy orders accounted for just over one-third of all executive orders issued in the study period, but that they were the primary target of subsequent changes by
successor presidents. Indeed, “[p]residents generally changed between 15 and 39 major policy directives each year” through the study period.67

Professor Sharece Thrower’s more recent study of over six thousand executive orders issued between 1937 and 2013 largely confirms Warber’s assessment.68 Thrower does not differentiate between symbolic, routine, and policy orders, but does differentiate between amending, superseding, and revoking. She finds that one-quarter of all executive orders issued in her study period were fully revoked and that another quarter were substantially amended or superseded, meaning roughly half of the executive orders were the target of successor change.69

In short, “beginning with [President Richard] Nixon, chief executives have been active in altering and rescinding executive orders that were issued by previous administrations.”70 In fact, President Trump’s pace puts him at the back of the pack. Based on our analysis, during his first year in office he revoked only eight substantive policy executive orders and four substantive policy presidential memoranda.71

Both Warber and Thrower also explore why and when presidents alter predecessor actions and what practical political considerations constrain the practice. Although it is difficult for Congress and the courts to monitor and control presidential direct actions generally, Warber argues that “[p]residents must constantly be aware of their political environment and exercise caution when influencing the policy process” by changing an existing executive order.72 Thus, although “[t]heoretically, the president’s power to veto or change existing orders

67. Id. at 57. By contrast, President Jimmy Carter led the pack at over fifty-four policy orders per year. Id. Not surprisingly, Warber found that very few symbolic orders are amended, superseded, or revoked—an average of fewer than two per year over his study period. Id. at 56 tbl.2.5.
68. Thrower, supra note 27, at 654.
69. Id. at 644 (“[O]f the 6,158 executive orders . . . 18% are amended, 8% are superseded, and 25% are revoked.”).
70. Warber, supra note 20, at 16.
72. Warber, supra note 20, at 48. For executive orders, “[t]he political costs are greater when a president tinkers with a controversial directive that becomes salient among the mass media and public.” Id. at 55.
is absolute,” Warber warns that “[p]residents seeking to change controversial orders risk entangling themselves in political and public relations conflicts.”73

On the other hand, Warber observes, the political costs of tinkering with prior orders are likely lower than the costs of revising federal agency regulations. Public participation and congressional oversight are nonexistent in the executive-order context, whereas agency regulations are subject to oversight mechanisms such as public notice and comment and the Congressional Review Act.74 Thus it is no surprise that both Democratic and Republican presidents change more orders of opposing-party predecessors than same-party predecessors, with Republican presidents considerably more aggressive in this respect over Warber’s full study period.75 The presidents who lead in this behavior, however, are a more recent bipartisan collection of Presidents Nixon, Carter, Reagan, and Clinton, suggesting once again that the pace of presidential exit has ramped up since President Nixon took office.76

Thrower’s more rigorous empirical study of executive orders found that most changes to executive orders take place in the first ten years of an order’s life, with revocation occurring on average at thirteen years.77 Focusing on revocation, which is the most decisive and unambiguous form of presidential exit, Thrower advanced three hypotheses: that orders originally issued under ideological discord will resist revocation longer because they reflect policy compromises; that orders based on stronger statutory authority enjoy longer lives; and that presidents are more likely to revoke orders issued by political adversaries.78 Based on her detailed statistical models, she found these three hypotheses mostly to be true—greater ideological division between the issuing president and a successor increased the hazard of revocation, but this effect was dampened when the order was based on strong statutory authority or involved foreign policy.79 Moreover, orders issued during a divided government enjoy a lower risk of

73. Id. at 53.
74. Id.
75. Id. at 59–60 tbl.2.7.
76. Id. at 59.
77. Thrower, supra note 27, at 645 fig.1. It takes “an average of 5 years until an order is first amended or superseded and 13 years until revocation.” Id. at 644.
78. Id. at 643.
79. Id. at 653.
revocation over time, and presidents are less likely to revoke prior orders during election years or when they experience low political capital.

Warber and Thrower thus generally agree that presidents face practical political constraints when tinkering with predecessors’ direct actions—while legally “easy go,” it may not always be so easy politically. Part III examines several such instances, and Part IV extrapolates from those to develop a more general model of strategies for constraining presidential exit.

III. PRESIDENTIAL EXIT IN THEORY AND PRACTICE

We have set out a model for understanding the different types of regulatory exit and showed that presidential exit has been happening for a long time, frequently and consistently, regardless of the political party. We now bring these together to develop a theoretical framework explaining presidential exit and apply it to a series of case studies.

Our definition for exit in our 2015 article was the “intentional, significant reduction in governmental intervention initiated at a particular time under specified processes and conditions.” These conditions do not map well onto presidential exit, however, as the nature of presidential exit is very different from that of agency and congressional exit in several respects.

First, in contrast to other forms of exit that involve multiple actors, presidential exit requires only one actor. This is an especially salient difference because, although the president might be one actor in regulatory exit, the president is never able to unilaterally decide when or how to make a regulatory exit. In legislative exit, the president plays a role through the enactment process; in agency exit, through executive oversight of agencies, including using direct actions to order agency action. In these interactions, the president can attempt to influence how exit is designed according to our model categories, and can attempt to push the other institutions toward or away from initiating exit. The president could, for example, veto legislation that does not adequately plan exit or push an agency to reverse policies and regulations leftover from the prior administration. In both realms, however, the president must work with Congress or the agency to steer

80. Id. at 650.
81. Id. at 652.
82. Ruhl & Salzman, supra note 29, at 1302.
legislative or administrative exit. With presidential exit, by contrast, there usually is no required intermediary or partner. Only one actor is needed to enact presidential exit, and that actor is the president him or herself.

Another difference is institutional transition. Although the political-party leaders controlling a chamber of Congress might flip in an election, congressional succession is gradual, and there are always members of a prior Congress carrying on into a new Congress. And while presidents can appoint new heads of agencies, Senate approval is required, and turnover in the vast staffs of many federal agencies can take place at glacial speed. By contrast, the president is one person—when a new president takes office, the singular predecessor and all of the White House staff leave office all at once, period. This is why there is so much media focus on the first hundred days of a new administration—the assumption is that the president can do something big quickly.

Taken together, this means that the speed of presidential exit is much more rapid than legislative or administrative exit. For Congress to exit, it must hold hearings and pass legislation. And the president can then still veto the statute. Agencies have more freedom, but the State Farm doctrine limits the extent to which agencies can exit many programs, requiring new rulemaking to reverse existing rules. That is the main reason the Environmental Protection Agency (EPA) has had so much difficulty exiting the Clean Power Plan.

To reflect these differences, our definition for presidential exit is broad: presidential exit occurs when a president uses a direct action to substantially reverse the policy or legal position established by a prior president’s direct action. This would include the Mexico City Policy, with each administration from an opposing party reversing the prior administration’s policy. It would not include amendments that represent incremental shifts in policy. For example, cost-benefit analysis of proposed regulation was first established by an executive order from the Reagan administration. President Clinton issued a new executive order, requiring benefits to justify instead of exceeding


costs.86 In his executive order, President George W. Bush expanded the purview of cost-benefit analysis, requiring it not only for major rules but also for significant regulatory guidance.87 President Obama, in turn, issued his own executive order on cost-benefit analysis.88 The key point is that none of these successive amendments fundamentally changed the original requirement of cost-benefit analysis. Thus these would not be considered examples of presidential exit.89

With this definition in hand, the matrix developed for regulatory exit can be applied to presidential exit. Recall that there are four categories. For presidential exit they play out as follows:

In mapped exit, the path for exit is clear for subsequent presidents at the time the original policy is implemented. This is the case for the Mexico City Policy and, in fact, for most direct actions. The subsequent president can simply countermand the prior policy through a stroke of the pen, with no justification needed. Easy come, easy go. But mapped exit can be more complicated than that. We explore an example of this in the context of the Paris Climate Agreement.

In uncertain exit, the path for exit by a subsequent president is known at the time the original policy is implemented, but the standard is opaque. The president has the power to exit but only if he meets a standard, and it is not obvious whether the standard is met. We explore this in the context of the Keystone XL oil pipeline permit.

In adaptive exit, the path for exit by a subsequent president is not known at the time the original policy is implemented, but the standard is transparent. No one knew the rules for exit at the outset because no one thought about the possibility of exit. We explore this in the context of shrinking national monuments.

Messy exit occurs when the government declares exit from an existing policy that has no clear exit path because exit was not considered at the time of its creation and the standards for exit are opaque. The ongoing debacle of the attempts to rescind the Affordable Care Act provides a clear example. Strictly speaking, however, messy exit is inapplicable in the presidential context because the default rule

89. Indeed, Cooper refers to this series of orders as an example of “the decree inertia principle: the tendency of a line of executive orders of a particular type to continue from administration to administration and grow in size and complexity in the process.” COOPER, supra note 10, at 93.
is that, absent congressionally imposed constraints in the case of statutorily delegated direct-action authority, the president’s exit path is clear at the outset—simply rescind the prior direct action. In place of messy exit, therefore, we propose the variant of messed-up exit, where the president transforms what should have been straightforward exit into an ex post, opaque standard. We explore this in the context of the transgender military ban.

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### A. Mapped Exit—The Paris Agreement

On December 12, 2015, to great acclaim, over 195 nations adopted the Paris Agreement. This was a heady moment of reinvigoration for international negotiations addressing climate change. Just five years earlier, plenary negotiations in Copenhagen had broken down, producing a last-minute informal agreement among the heads of state of the United States, Brazil, China, India, and South Africa. The rest of the countries were so angry about the ad hoc process that the only

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90. We discuss this phenomenon in Part IV.A.
consensus achieved was that the countries would “take note” of the Copenhagen Accord. There were serious concerns that international climate negotiations were doomed to failure and that a more promising path lay in plurilateral and bilateral arrangements.

The success of the negotiations in Paris was due in large part to intense diplomatic efforts leading up to the meeting. At the preparatory conference in Durban in 2011, for example, the delegates agreed to develop an agreement to be adopted at the conference of parties in Paris in 2015 and to take effect by 2020. The Durban text seemed odd at first glance; it committed the parties “to develop a protocol, another legal instrument or an agreed outcome with legal force under the Convention applicable to all Parties.” The purpose of this convoluted text would become clear in Paris, where U.S. negotiators were very careful to avoid any text that might require ratification by the Senate.

The success was also due to the nature of the Paris commitments. Parties agreed to submit Intended Nationally Determined Contributions (INDCs) to the UN Framework Convention on Climate Change secretariat, periodically meeting to review progress and set new domestic goals. This bottom-up “pledge and review” process marked a sharp break from the top-down “targets and timetables” approach of the Kyoto Protocol, which had relied on national goals determined by international negotiation. The INDCs were determined by each country and best suited to their particular situation and preferences. At the time of the Paris Agreement’s adoption, leaders from around the globe hailed the reengagement of the international community in concerted efforts to reduce greenhouse gas.

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96. Id. para. 2.
97. Paris Agreement, supra note 91, art. 4, para. 2.
Opponents of the Obama administration’s climate change efforts argued that U.S. adoption of the Paris Agreement was unlawful because it lacked the advice and consent of the Senate. Any agreement resulting from Paris, they charged, was a treaty and would require ratification.\(^{100}\) With a Republican majority in the Senate, of course, ratification would have been nigh impossible. It was this threat that had led negotiators in Durban to provide such an expansive description of the result in Paris. It also explained why there had been a last-minute amendment prior to adoption of the Paris Agreement. U.S. negotiators had been very careful to wordsmith the Paris Agreement text so that commitments read as “should” rather than “shall”; final adoption was actually held up so that a last-minute amendment could replace the word “shall” with “should” in text they had overlooked.\(^{101}\)

With this background, State Department lawyers claimed that ratification was unnecessary because the Senate had already ratified the UN Framework Convention on Climate Change in 1992.\(^{102}\) Because the President had already been granted authority to comply with the UNFCCC, adoption of the Paris Agreement required no Senate action. It was simply a means to implement the UNFCCC and did not add any commitments. As a result, the U.S. agreement in Paris was characterized as an executive agreement.\(^{103}\)

As described in Part I, executive agreements have long been a common feature of U.S. statecraft, constituting over 90 percent of binding international agreements.\(^{104}\) The legal basis for this was set out in Circular 175 in 1955.\(^{105}\) While treating the Paris Agreement as an executive agreement made it easier for the United States to join, it equally made it easier for a subsequent president to exit.


\(^{103}\) Id.


\(^{105}\) GARCIA, supra note 104, at 9.
During the 2016 presidential campaign, President Trump wasted few opportunities to denounce climate change policies and made clear his opposition to the Paris Agreement.\textsuperscript{106} After his inauguration, it was thus no surprise when he decided that the United States would exit, despite press coverage of efforts by his daughter and secretary of state urging him to remain in the Paris Agreement.\textsuperscript{107}

After President Trump announced U.S. withdrawal in a widely covered news conference, heightening the drama as in a reality television show, the uncertainty lay in how exit would be executed. There were several options available. Trump could have declared that the Paris Agreement actually was a treaty and sent it to the Senate for ratification, where it surely would have failed. He could have stated that, by rescinding Obama’s executive agreement, he was immediately withdrawing the United States from the Paris Agreement. Or he could have stated his opposition to the Paris Agreement and simply ordered the State Department to stop participating in meetings and ignore U.S. commitments. He chose none of these. Instead, he triggered the exit procedure laid out in Article 28.1 of the agreement, starting a two-year process that will allow the United States formally to exit after November 4, 2020.\textsuperscript{108} By choosing this last strategy, Trump implicitly accepted that the U.S. entry to the Paris Agreement had been valid.

Using the exit framework set out in Part II, the Paris Agreement presents a clear example of mapped exit. From the time President Obama entered the Paris Agreement, the possible exit strategies for a future president were clear. The Trump administration has followed the procedure set out in the Paris Agreement at the time of its adoption.

\textbf{B. Uncertain Exit—The Keystone XL Pipeline}

One of the most contentious policy decisions that the Obama
administration faced in its second term was whether to approve an application that TransCanada Keystone Pipeline, L.P., filed with the State Department to obtain authorization to construct, connect, operate, and maintain oil pipeline facilities at the U.S.-Canadian border in Phillips County, Montana. The project was known as the Keystone XL pipeline and was intended to export Canadian crude oil to the United States. Initially, all indications were that the Obama administration was moving in the direction of granting the application; the administration issued an environmental impact statement (EIS) in 2011 that declared the project environmentally on par with alternatives.  

Although over a dozen major pipelines cross the border with Canada, the Keystone XL pipeline took on a symbolic, if not toxic, profile, and the Obama administration slowed down its process. The State Department eventually issued a supplemental EIS (SEIS) in January 2014, updating its environmental assessment and teeing up a final permit decision but making no recommendation. Environmental interest group objections, centered around climate change impacts, grew even louder in volume. Ultimately, after long delay, President Obama announced his agreement with Secretary of State John Kerry’s decision to deny the permit.

During the 2016 presidential election, then-candidate Trump vowed to reverse that decision. Within days of taking office, he issued a presidential memorandum directing the State Department to revisit the matter. The State Department announced issuance of the permit with President Trump’s blessing on March 24, 2017, and immediately


111. See U.S. DEP’T OF STATE, FINAL SUPPLEMENTAL IMPACT STATEMENT FOR THE KEYSTONE XL PROJECT (2014).

112. See Memorandum on Construction of the Keystone XL Pipeline, supra note 13.

became embroiled in litigation challenges.116

That the Keystone XL pipeline required State Department approval at all is a story of presidential exercise of power through direct action. Presidents have long taken the position that their authority over foreign relations empowers them to permit or deny border-crossing infrastructure.117 A complex web of executive orders and agency rules and guidance governs the presidential permit process, with two executive orders being of central importance to oil pipelines. In 1968, President Lyndon B. Johnson issued Executive Order 11423 to designate the State Department as the agency administering the presidential permit program for specified cross-border facilities, including oil pipelines.118 Executive Order 11423 references no specific constitutional or statutory authority, asserting instead that “proper conduct of the foreign relations of the United States requires that executive permission be obtained for the construction and maintenance at the borders of the United States of facilities connecting the United States with a foreign country.”119 In 2004, President George W. Bush amended Executive Order 11423 with Executive Order 13337, which requires the State Department to issue a presidential permit “if the Secretary of State finds that issuance of a permit to the applicant would serve the national interest.”120

On their face, the two executive orders governing presidential permits for oil pipelines look like a routine infrastructure approval process, but the process is actually impacted greatly by the fact that the permits are presidential rather than regulatory. Although the executive orders do not mention specific statutes that include environmental-assessment requirements, such as the National Environmental Policy


119. Id.

Act (NEPA) or the Endangered Species Act (ESA), the State Department conducts what it describes as a NEPA-“consistent” review of applications for a presidential permit, which includes review “consistent with” the ESA. By “consistent with,” however, the State Department means not required by. The reality of presidential permits for oil pipelines is that they are presidential permits. The president issues them through the State Department, but Executive Order 13337 explicitly provides that the president retains the authority to make the final decision on whether or not to issue the presidential permit. Environmental assessment laws such as NEPA and the ESA apply to federal agencies, but do not apply to the president acting as the president. The State Department has to make a finding regarding the national interest and has taken upon itself the practice of conducting environmental assessment, but the president makes the ultimate decision—issuing a presidential permit is a classic direct action.

For our purposes, Executive Orders 11423 and 13337 established an uncertain exit regime. We defined uncertain exit as both ex ante and opaque, meaning that “exit has been accounted for up front, but the specific conditions for exit are difficult to determine in practice.” In the regulatory exit context, the lack of clarity stems from the use of subjective standards that make the exit dependent on a discretionary judgment. Often the regulated party must meet a high burden of proof because the requirements for exit are open ended and fact dependent.

122. 69 Fed. Reg. at 25,300.
123. See 40 C.F.R. § 1508.12 (2017) (noting that the president is not an agency for purposes of NEPA); Franklin v. Massachusetts, 505 U.S. 788, 800–01 (1992) (noting that absent specific mention of the president, statutory silence cannot be construed to extend jurisdiction over the president).
124. There is sparse case law on the legal implications of this unusual structure for presidential direct action. One court has held that nothing about the State Department’s role in the presidential permit process changes the presidential character of the action, thus insulating the State Department’s actions from the requirements of NEPA and the ESA. See Sisseton-Wahpeton Oyate v. U.S. Dep’t of State, 659 F. Supp. 2d 1071, 1081–82 (D.S.D. 2009). By contrast, another court held that, while the president’s exercise of permitting power is constitutional, the executive order delegating the permitting evaluation function to the State Department subjects the agency to judicial review of its NEPA compliance. See Sierra Club v. Clinton, 689 F. Supp. 2d 1147, 1157 (D. Minn. 2010). Under that reasoning, it is not clear what would happen if a court deems the State Department’s EIS deficient under NEPA but the president nonetheless issues a border-crossing permit under the retained “final decision” authority. Also, presumably the president could nullify the effect of the court’s decision by withdrawing delegation of the State Department’s permitting functions for any particular permit.
125. Ruhl & Salzman, supra note 29, at 1319.
This is equally true for the presidential permit regime for oil pipelines. Executive Order 11423 established a default rule that no oil pipeline may cross into the United States without a presidential permit. Executive Order 13337 imposes a high burden on pipeline applicants to convince the State Department that the border crossing would serve the national interest, and the State Department has imposed rigorous environmental and other assessment steps in connection with satisfying that burden. There is no objective standard for what is in the national interest, and the State Department—and even more certainly the president—retains substantial discretion to make that judgment. When President Trump acted to reverse President Obama’s permit denial, therefore, the process for doing so was clearly defined ex ante—the State Department would review the application pursuant to the executive-order regime—but the “national interest” standard was opaque. Indeed, this time the permit was deemed to have met the “national interest” standard based on no new environmental or other impact analysis from the State Department.

C. Adaptive Exit—Shrinking National Monuments

Following through on a promise made early in his term, on April 26, 2017, President Trump ignited a firestorm of controversy by issuing an executive order directing Secretary of the Interior Ryan Zinke to recommend whether President Trump should reduce or abolish terrestrial and marine national monuments that had been established or expanded by proclamation of his predecessors, beginning with those from President Clinton’s first term. Trump’s unprecedented order specified the policies, substantive criteria, and procedural steps Secretary Zinke was to use in making his recommendations, and required a final report within 120 days of the order. Following a public comment period that yielded over 2 million comments, Secretary Zinke provided a final report on August 24, 2017, recommending that President Trump amend the proclamations establishing or expanding ten national monuments, so as to significantly modify the boundaries and management conditions they imposed. On December 8, 2017,

President Trump did so for two large national monuments, providing extensive justifications tracking the executive order’s criteria for drastically reducing their sizes and altering their management regimes.\(^{128}\)

So far, this sounds like a plan to implement simple mapped exit. But there is a hitch—it is not clear that President Trump has any legal authority to alter so much as a comma in his predecessors’ proclamations. A flurry of lawsuits filed the day of the two proclamations put that legal question front and center.\(^{129}\)

Each of the national monuments targeted in Secretary Zinke’s report was established by presidential proclamation issued under the authority of the Antiquities Act of 1906 (Antiquities Act).\(^{130}\) Although a short and seemingly obscure statute, the Antiquities Act has played a surprisingly large role in federal public-lands conservation dating back to President Teddy Roosevelt, who signed the Antiquities Act and was the first to use its authority, designating the Devil’s Tower National Monument four months later.\(^{131}\) The statute’s operative language establishes a remarkable authority in the president to “declare by public proclamation” areas of “land owned or controlled by the Federal Government to be national monuments.”\(^{132}\) These areas must be “historic landmarks, historic and prehistoric structures, and other objects of historic or scientific interest”\(^{133}\) and must “be confined to the smallest area compatible with the proper care and management of the objects to be protected.”\(^{134}\) Beyond that, the statute imposes no substantive or procedural constraints—a president may proclaim a


\(^{130}\) OFFICIAL REPORT SUMMARY REGARDING NATIONAL MONUMENTS, supra note 127, at 1; see also 54 U.S.C. §§ 320301–320303 (2012).


\(^{132}\) 54 U.S.C. § 320301(a).

\(^{133}\) Id.

\(^{134}\) Id. § 320301(b).
national monument purely by direct action, without involvement of Congress, federal agencies, state or local officials, or the public, and subject to narrowly limited judicial review.135

The broad authority packed into the Antiquities Act has made it an environmental policy darling of recent presidents—at least until President Trump—who have designated billions of acres of terrestrial and marine federal public lands and waters as national monuments since President Clinton’s first term.136 These designations have long been controversial, for reasons President Trump spelled out in his executive order, including that they “have a substantial impact on the management of Federal lands and the use and enjoyment of neighboring lands” and “result from a lack of public outreach and proper coordination with State, tribal, and local officials and other relevant stakeholders.” 137 The controversy of interest for this Article, though, concerns whether presidential exit from a prior national monument proclamation is even possible.138

As soon as President Trump announced his intention to reopen his predecessors’ national monument proclamations, a robust debate ensued over whether the Antiquities Act permits a president to alter existing monuments.139 Although a few presidents have tinkered with the size and management of national monuments established by predecessors, none of these changes has been significant and no

138. A similar issue has arisen with respect to President Trump’s rescission by executive order of several of President Obama’s presidential memorandums withdrawing offshore submerged lands from oil and gas development pursuant to statutorily delegated direct-action authority. See Kevin O. Leske, “Un-Shelfing” Lands Under the Outer Continental Shelf Lands Act (OCSLA): Can a Prior Executive Withdrawal Under Section 12(a) be Trumped by a Subsequent President?, 26 N.Y.U. ENVTL. L.J. 1 (2017) (arguing there is no rescission authority over areas once they are withdrawn).
president has attempted to completely abolish a national monument. The statute is silent on whether a president can shrink or abolish an existing monument, and no court has decided the question. Thus the debate that President Trump triggered has focused on interpretations of the statute’s legislative history, provisions of related legislation, and the scope of presidential power generally. Indeed, President Trump’s executive order did not expressly reference the Antiquities Act as its authority, declaring instead that it is based on “the authority vested in me as President by the Constitution and the laws of the United States of America.”

We do not weigh in here regarding the controversy over the correct interpretation of the Antiquities Act. Rather, the fact that there is a controversy—that it is not clear whether President Trump can do what he purports to want to do—raises his executive order as an example of adaptive presidential exit. We defined adaptive exit as occurring “when clear standards are established for exit but not until after the program has commenced,” and surmised that it “may also be the case that the demand for exit is only recognized after creation of the program, when experience makes clear that the original mechanism or conditions for exit were inadequate, making exit either too easy or too difficult.” We also explained that engaging in adaptive exit can lead to the creation of a mapped exit or uncertain exit regime going forward.

By all appearances, President Trump’s executive order was the first step in this direction, establishing the criteria and process for exit, and his proclamations followed that process to accomplish exit. The intensity of the debate over what is “clearly” the standard for exit under the Antiquities Act highlights that there were, in fact, no clear standards for exit when the statute was enacted. Over a century later, for all practical purposes, President Trump has invented an adaptive exit response. Tracking the language of the statute, his executive order transparently enlisted the secretary of the interior to evaluate whether the monuments in question are “historic landmarks, historic and
prehistoric structures, [or] other objects of historic or scientific interest,” whether they are confined to “the smallest area compatible with the proper care and management of the objects to be protected,” and what the impacts of the monuments are on state, local, and other interests.  

Eventually the courts will sort out whether a president can amend a prior Antiquities Act proclamation at all, and if so, under what circumstances, conditions, and limits. At that point, if exit is legally permissible, a mapped exit or uncertain exit regime will have been established moving forward. Whether it adopts President Trump’s approach or not remains to be seen.

D. Messed-Up Exit—Transgender Ban in the Military

On July 26, 2017, President Trump tweeted that “[a]fter consultation with my Generals and military experts, please be advised that the United States Government will not accept or allow” 146 “[t]ransgender individuals to serve in any capacity in the U.S. Military.” 147 This tweet purported to reverse an Obama administration policy that allowed openly transgender troops to serve. 148 It is hard to imagine a clearer statement of exit. What resulted, though, was an opaque standard where exit still remains unclear.

Despite President Trump’s claim of consultation, this policy reversal had not been reviewed with the Pentagon. Indeed, the U.S. Department of Defense had actually been in the process of assessing rules and regulations for the integration of transgender service members. 149 A barrage of questions from the press inquired into how

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the policy would be applied to transgender service members already serving, whether enlisted transgender service members would be discharged or allowed to remain, and how the policy would apply for future enlistments, among other concerns. The military leaders could offer no details. They had become the victim, in some respects, of a sneak attack.

President Trump announced this policy reversal on the sixty-ninth anniversary of President Harry Truman’s historic executive order requiring desegregation of troops in 1948. Unlike the Truman policy change, however, the Trump tweet raised more questions than it answered. The day after the announced exit from Obama’s policy, the Chairman of the Joint Chiefs of Staff, General Joseph F. Dunford, wrote that there would be no exit. General Dunford stated that, “there will be no modifications to the current policy until the President’s direction has been received by the Secretary of Defense and the Secretary has issued implementation guidance.” Despite the absolute tone of the tweet that had started this controversy, the military’s position was confirmed by the White House spokeswoman, who explained that “implementation policy is going to be something that the White House and the Department of Defense have to work together to lawfully determine.”

A month after his initial tweet, President Trump signed a presidential memorandum setting out the policy change. But this did not clearly establish exit, either. Claiming that the Obama

150. Id.
152. Exec. Order No. 9981, 13 Fed. Reg. 4313 (July 26, 1948) (“It is hereby declared to be the policy of the President that there shall be equality of treatment and opportunity for all persons in the armed services without regard to race, color, religion or national origin.”).
administration had failed to identify a sufficient basis to conclude that terminating the transgender ban would not hinder military effectiveness, the order said that further study was needed.\textsuperscript{156} As a result, the order directed the secretary of defense and the secretary of homeland security to revert to the pre-Obama policy, barring enlistment of openly transgender people and not spending money for sex-reassignment surgical procedures. In practice, though, the order did not follow through on the tweet’s claim of exit. The ban would only remain in place “until such time as a sufficient basis exists upon which to conclude that terminating that policy and practice would not have the negative effects discussed above.”\textsuperscript{157} Secretary of Defense James Mattis responded by stating that the Obama policy would remain in place until he had received input from an expert panel on how best to implement Trump’s announced policy.\textsuperscript{158} As a result, as of publication there is still no meaningful guidance for transgender troops currently serving, who remain on active duty while the internal expert group assesses the issues. Months after Trump’s announced exit, no one knew how exit is happening, by what means or by what standard. By starting with the tweeted exit communication, President Trump has made a mess of easy go.

\textbf{IV. UNDERSTANDING PRESIDENTIAL EXIT}

We now come full circle back to the question Shareece Thrower posed at the conclusion of her study of executive-order longevity: If presidents know that their direct actions can be subsequently amended or revoked, does that influence their decisions about the types of actions they issue—particularly if they care about their legacies? Of course, presidents know that successors can, and likely will, revoke, amend, and supersede some of their direct actions. And so does Congress. But what if they don’t want their actions to be amended or revoked, at least not without a fight? How can Congress or the president make direct actions “sticky?” And what is to be made of President Trump’s apparent practice of gumming up his own exit events?

\textsuperscript{156} Id.
\textsuperscript{157} Id.
A. Constraining Presidential Exit

A central theme in our earlier Regulatory Exit article was our analysis of the ways Congress and agencies can constrain legislative and administrative exit through design strategies implemented at the inception of a regulatory regime. Similarly, Congress and the president can design strategically to constrain the practice of future presidential exit.

1. Congressional Design Strategies. Although the flow of direct actions from the White House is often denounced as prime evidence of the increasing concentration of presidential power, the irony is that many direct actions exercise authority that Congress has delegated to the president. The Antiquities Act case study provides a shining example. Given the Antiquities Act’s condition that national monuments be the “smallest area” needed, the Antiquities Act “power-grab” debate had, until recently, focused on whether presidents have the authority to declare national monuments of vast proportions. But the debate now has turned to exit authority—whether President Trump has the authority to substantially reduce or revoke prior Antiquities Act proclamations. That question is complicated by the statute’s complete silence on the issue. But what if, instead, Congress expressly had dictated the terms of presidential exit in the statute itself?

For example, Congress might have provided that, once designated by presidential proclamation, any modification of the boundaries or management conditions of a national monument would require an act of Congress. Alternately, the Antiquities Act might have required that

159. See, e.g., MAYER, supra note 42, at 40–54 (differentiating between executive orders based on constitutional authority, statutory authority, and asserted inherent executive powers); Stack, The Statutory President, supra note 42, at 546–57 (differentiating between executive orders and other presidential orders); Thrower, supra note 27, at 646 (differentiating between executive orders “based on explicit authority from statutes” and those based on “vague claims of authority from the Constitution”).

160. Seamon, supra note 139 (manuscript at 16–21) (discussing the recent practice of presidents declaring “landscape monuments” and questioning its legality).

161. Administrative law scholar Richard Seamon argues that the power to modify or abolish national monuments should be implied based on practice, on facilitation of the president’s duty to carry out the laws, and on the default principle of free reign to change predecessor direct actions. Id. (manuscript at 33–40). Environmental law scholar Mark Squillace and his co-authors do not address the implied powers aspect, arguing that the statute and related federal laws reserve all power to alter declared monuments to Congress. Squillace et al., supra note 139, at 56–71. We do not address the issue of implied authority here.
any such modification, if proposed by the president, be subject to the consent of the states within which the national monument is situated or, following the model for agency regulations, that the secretary of the interior provide a justification for why proposed modifications are not arbitrary and capricious or fail to meet some other standard. A similar approach might require what President Trump has come close to attempting—that is, that subsequent modifications must be based on the same presidential findings regarding values and size that Congress has imposed on national monument creation in the first place.162

Congress surely could impose these and similar conditions on the president’s power to create national monuments without treading on constitutionally mandated separation of powers—the president has no inherent constitutional authority to declare national monuments on federal land. Such exit conditions are commonplace and present no constitutional concerns when imposed on an agency that is, for example, reducing an emissions limit established in an agency rule or changing the use restrictions of a national forest—that was a central point we made in Regulatory Exit. So why not impose these exit conditions on the president? If Congress can delegate relatively unfettered power to presidents to proclaim national monuments, it follows that it can constrain or enable the presidential power to exit from them once proclaimed.163

To be sure, we are not arguing that Congress has a free hand in how it designs presidential exit. It would be a far different question, for example, were Congress to attempt to constrain presidential exit in realms where the president’s direct actions are purported to be based solely on the president’s inherent constitutional powers, for which no congressional consent or involvement is needed at the inception. For example, consider an omnibus statute under which Congress purports to govern direct actions by dictating that, once issued, successor presidents have no authority to amend, supersede, or revoke them. As applied to President Obama’s executive agreement entering the Paris

162. Squillace et al. argue that “allowing a President to second-guess the judgment of a predecessor as to the amount of land needed to protect the objects identified in a proclamation is fraught with peril because it essentially denies the first President the power that Congress granted to proclaim monuments.” Squillace et al., supra note 139, at 68. But the essence of presidential exit’s easy come, easy go default rule is exactly that it allows a president to second guess a predecessor’s judgment.

163. For further elaboration on this point, including whether there are limits on congressional action in this regard, see Mark Seidenfeld, A Process-Based Approach to Presidential Exit, 67 DUKE L.J. 1775 (2018)
Accord, such a limitation would have prevented President Trump from exiting. But Congress had no power to prevent President Obama from entering the Paris Accord—that was the point of entering through an executive agreement rather than a treaty—and, similarly, Congress has no power to prevent President Trump from exiting the accord.164 To be sure, Congress could attempt through legislation to nullify either President Obama’s entry or President Trump’s exit as a practical matter, perhaps by constraining or mandating federal agency measures consistent with the accord, but that would require presidential cooperation and falls well short of directly controlling a president’s execution or revocation of direct actions.

Congress thus appears to have far more leeway to constrain presidential exit from statutorily delegated direct actions than from those based on the president’s constitutional authority. But assuming that to be the case, why would it do so? The Antiquities Act again provides a fitting example of reasons why. On the one hand, if the congressional purpose is to promote national monuments, then constraining exit makes sense—it ensures national monuments, once proclaimed, either remain intact permanently or, if exit is not entirely precluded, can only be modified using the mapped or uncertain exit process Congress had imposed ex ante. On the other hand, perhaps emboldened by the sense of exit immunity, recent presidents have proclaimed such large monuments that many commentators have questioned whether they truly meet the statute’s criteria for values and size.165 It may be politically difficult for Congress to override such outliers through negating legislation. To guard against that kind of runaway train, therefore, providing a mapped exit power could signal to incumbent presidents that the criteria should be followed closely, so that successors do not reshape monuments with the stroke of a pen. Leaving the matter unaddressed has led both to President Trump’s attempt to implement adaptive exit and to the battle between opposing interpretations of the statute, which will certainly bedevil the impending litigation challenging his move.

The analytical framework we developed in Regulatory Exit for making such choices thus maps well onto choices Congress has

164. Stephen P. Mulligan, Cong. Research Serv., R44761, Withdrawal from International Agreements: Legal Frameworks, the Paris Agreement, and the Iran Nuclear Agreement 6, 17 (2017) (noting that “[i]n the case of executive agreements, the President’s authority to terminate such agreements unilaterally ‘has not been seriously questioned in the past’” and concluding the Paris Agreement is such an action (citation omitted)).

165. Seamon, supra note 139 (manuscript at 16–21).
regarding presidential exit for statutes delegating direct-action authority. In the case of presidential exit, however, this choice is made against a background, default mapped exit rule that presidents have a free hand to amend, supersede, or revoke prior direct actions. Hence, Congress must first make a threshold determination whether to depart from that rule. Congress might do so for a variety of reasons. As noted above for the Antiquities Act, it may wish to promote the goals of the statutory program by making it work in one direction—for example, always adding to the stock of monuments. Or Congress might anticipate that private and public reliance on prior presidential direct actions may lead to entrenched interests which should be upset, if at all, only through congressional initiative.

If for these and similar reasons Congress decides easy go is not the appropriate exit model, it has three choices: mapped exit, uncertain exit, and adaptive exit. Which of those three options Congress chooses depends on Congress's motivation in implementing an exit strategy. If Congress wishes to control the conditions of exit tightly, which may promote passage of the delegating statute if there is concern over unbridled presidential discretion, an ex ante mapped exit model is appropriate. Agreement over the need for exit may prevail, but not over the precise terms, in which case ex ante uncertain exit balances the desire for exit conditions with the flexibility of presidential discretion to interpret the ambiguous terms. If exit is simply not a concern, or dealing with it ex ante could be too politically controversial, Congress could punt the issue by remaining silent, as it did in the Antiquities Act, leaving it to later legislative or presidential adaptive exit.

2. Presidential Design Strategies. Although Congress can exert significant control over presidential exit for statutorily delegated direct actions, whether a president can alter the default rule for successor presidents is a far different matter. The easy come, easy go nature of direct actions would seem to bind the hands of presidents in binding the hands of future presidents. As an institutional matter, agencies and Congress surely seem to have less freedom to reverse predecessor decisions.

For example, while it is true that no Congress can absolutely bind a future Congress, undoing a prior Congress's legislation with new legislation is difficult because of the enactment process, the slow turnover rate of members, and the need for presidential concurrence. Similarly, agencies must navigate procedural obstacles to reverse
previously adopted rules, and cannot deviate outside the bounds of statutory and judicial parameters. Leaving aside the politics, when Congress or an agency builds exit ex ante into a program, there are substantial legal and practical obstacles constraining a later Congress or agency hoping to undo or alter the exit strategy. Presidents, by contrast, often have a far easier time undoing a predecessor’s direct actions—it is usually just a matter of issuing another direct action, which often has no process constraints. Yet, as our case studies show, this is not always true in practice.

As a starting point, Thrower’s empirical findings on executive order longevity suggest that presidents can often boost the life span of a direct action through decisions about timing (issue actions during a divided government to increase longevity), subject matter (actions relating to foreign relations tend to stick around longer), and authority references (clear statutory authority is best). These exit constraints make it more politically costly for successors to attempt to unwind the action. But can a president go further and expressly build legal or structural constraints into presidential exit, as Congress can do for statutorily based direct actions?

Obviously, a president cannot prevent successors from amending, superseding, or revoking a direct action simply by inserting a prohibition on exit into the text of the direct action itself. But as our case studies of the Paris Agreement and the Keystone XL pipeline suggest, presidents can use what Professor Sarah Light (in this issue) calls exit “horcruxes” to impede successor exit. That is, a president can tie a direct action to external instruments or institutions that substantially alter the optics, if not the structural and legal viability, of successor exit.

President Obama’s executive agreement committing the United States to the Paris Agreement is an example of a horcrux strategy tying the direct action to another, more legally stable action—the international agreement—which specified an express mapped exit withdrawal process. Could President Trump have simply rescinded President Obama’s executive agreement as a way of exiting the Paris Agreement? Almost certainly. But he did not. That would have been the ultimate thumbing of one’s nose at the international community, with potential reputational costs in foreign relations felt well beyond the confines of the Paris Agreement and well beyond President

166. Thrower, supra note 27, at 650–55.
Trump’s tenure in office.

Similarly, the presidential permit process for the Keystone XL pipeline operates under two executive orders, making future exit more difficult by inserting a horcrux into the process in the form the State Department and its presidentially delegated task of permit evaluation and issuance. President Trump’s reversal of President Obama’s permit denial could have taken the form of a bare executive order revoking the two governing executive orders and issuing the permit straight from the Oval Office. But it did not—his order specifically incorporated the two executive orders and directed the State Department to follow them. Even if Trump was only paying lip service to the process, channeling his decision through the State Department was tacit acknowledgement of the exit regime his predecessors had erected. Acting outside that process would have produced more fodder for the power-grab critique.

Hence, while presidents cannot impose exit regimes with binding legal effect on successors, the horcrux strategy can slow down presidential exit by implanting procedural obstacles outside the White House. Yet the obstacles can extend even further than the examples given above—horcruxes could, for example, set into motion agency actions to restructure agency organization, policy and, even more potently, promulgation of agency legislative rules. In Professor Light’s model, these tactics involve horizontal horcruxes that split exit authority and process between institutions in such a way as to impede the completion of presidential exit. Consider, for example, President Clinton’s 1993 executive order on environmental justice, which cemented and extended efforts the EPA had already initiated to promote more socially equitable environmental regulation and enforcement. Twenty-five years later, the EPA’s environmental justice program, administered through its Office of Environmental Justice, is vast, and includes extensive guidance documents on regulation and permitting, grants to promote environmental justice, and interagency coordination. Unwinding this extensive agency structure would

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168. The strength of the horcrux effect produced by delegation of this task to the State Department depends on how one views the resulting relationship between the president and the agency. The more “unitary” one envisions the president, the less “external” the horcrux. As noted above, courts have disagreed over this feature of the presidential permit program. See supra note 124.


involve extensive effort. To be sure, President Trump or a successor could do so through a direct action revoking President Clinton’s order and dismantling the EPA’s initiatives, as none of them have been codified through legislation or agency rulemaking, but it will take a concerted, planned effort and many strokes of the pen to unwind the EPA’s environmental-justice-implementation organization and process.

Another effective strategy a president can take is to include commands to initiate agency rulemaking in the direct action. If the agency follows through, a successor can easily revoke the direct action itself, but undoing the agency regulation involves either promulgation of another agency regulation or enactment of legislation defunding or prohibiting the action. For example, in 2013 President Obama issued a presidential memorandum on power sector carbon standards, directing the EPA to promulgate rules governing carbon emissions from existing and new power plants. President Trump revoked that memorandum by executive order in March 2017, but Trump’s revocation occurred long after the EPA responded to the Obama action by promulgating the Clean Power Plan in 2015. Obviously, President Trump could not revoke the Clean Power Plan through presidential direct action. Instead, he has directed the EPA to review the rule under the criteria spelled out in his executive order and mandated that the EPA “if appropriate, shall, as soon as practicable . . . publish for notice and comment proposed rules suspending, revising, or rescinding those rules”—that is, Trump has ordered the EPA to engage in administrative exit. President Obama’s memorandum is history, and at the end of the day the Clean Power Plan may be as well, but the horizontally split horcrux will have had its effect in delaying the presidential exit, allowing politics to challenge the presidential exit and enabling litigation to challenge the administrative exit.

Hence, Professor Light’s horcrux concept is a useful way of thinking about how presidents can constrain successor exit. Essentially, the horcruxes leverage other executive branch entities to slow down the successor exit process. In some cases, a successor could ignore the

horcrux, as President Trump could have done with the Keystone XL permit, but its presence makes that approach more politically costly. And in the agency rulemaking strategy, though the presidential direct action can be nullified, the horcrux lives on in the agency and cannot be ignored—the agency must follow applicable administrative exit procedures. Presidents thus are not without means of constraining successor exit.

B. Presidential Self-Constraint Through Symbolic Exit

While President Trump has thus far engaged in significantly fewer exits from predecessor direct actions than have past presidents, his use of exit feels quite different. For starters, it seems ubiquitous. Indeed, most of his high-profile actions have involved exit of one kind or another—not just the direct-action examples in our case studies but also administrative exit efforts to end the Affordable Care Act, withdraw from the Trans Pacific Partnership, pull out of the North American Free Trade Agreement, and end the Deferred Action for Childhood Arrivals program, to name just a few. Indeed, in a sense his presidency has been predicated on exit through his concerted efforts to dismantle the Obama administration’s legacy.

In many of these efforts, President Trump has engaged in a novel strategy we call symbolic exit. President Trump’s symbolic exits are not symbolic actions, like declaring National Blood Donors Month. Instead, President Trump follows a consistent strategy where he publicly announces exit, often through tweets, which are followed by intense media coverage. In fact, though, these exits are usually incomplete. Indeed, the irony of this approach is that President Trump has self-imposed constraints on what otherwise could have been plain vanilla easy come, easy go mapped exit.

Our case studies make clear that Trump has consistently chosen symbolic exit over actual exit. In pulling out of the Paris Agreement, for example, President Trump chose to use the exit provisions of the Paris Agreement—which requires a two-year period before withdrawal comes into force—instead of sending the treaty to the Senate or unilaterally and immediately withdrawing. In doing so, he

175. See supra note 71 and accompanying text.
retained the option to stay in the Agreement until 2019. For the Antiquities Act, the president indicated his intent to exit from some of the current national monument designations, but asked the secretary of the interior to recommend specific changes. The same is true for the transgender military ban: President Trump tweeted the ban but later conditioned it on military advice, and even allowed for the possibility that he would lift the ban entirely if he were so persuaded.

There is a clear pattern. Often using social media (as in the transgender military ban) or a high-profile press conference (as in the Paris Agreement), Trump makes a big show of exit to his base. If you look at the substance, though, the nature of exit is less clear. These “exits” are almost all subject to further review or a time lag. This inevitable bow to political realities does not alter the clear message of exit, even if the eventual exit is much less significant than first declared.

The Trump administration is therefore noteworthy in introducing a new dimension of ambiguity to presidential exit. He is the first president to systematically promote symbolic exit. In past administrations, the contours of presidential exit have been clear. Exit means exit: “I revoke that direct action”; “I supersede that action with this one”; “I amend Section X of that action.” No more action is needed. Trump, by contrast, proclaims to the Twitterverse, “I’m exiting!” Upon closer inspection, though, the message is, “I’ll let you know later what we’re doing.”

This strategy is political, not legal. Each of these exits sends a clear message to his base. In exiting the Paris Agreement, Trump has signaled that he is rejecting climate change commitments. In exiting the Antiquities Act, Trump is signaling his support of states’ rights to control federal public lands. In exiting the transgenders-in-the-military policy, Trump has signaled his opposition to LGBT rights. The expert panel may ultimately decide to bar transgender service members or it may not. But by the time it announces its decision, the public’s eye will have turned to another issue.

While symbolic exit looks like planned self-constraint and may prove an effective political strategy—scoring political points while retaining flexibility—it comes with high costs to other institutions and the public. By declaring exit but creating ambiguity in what this actually means, symbolic exit creates uncertainty. Did the tweets—which we now know are official presidential statements—mean exit or not? Furthermore, symbolic exit has real consequences: an unclear path toward exit spawns litigation, placing courts in the position of determining the contours of presidential exit in practice.
To put this in perspective, imagine if an agency or Congress acted like this, declaring an intent to reverse course, throwing the gears of process into motion, but then vacillating and protracting the process indefinitely. The uncertainty this would impose on economic and social interests would be damaging. Indeed, one might reasonably conclude that President Trump’s symbolic exit strategy has thrown Congress and agencies like the EPA into exactly that mode. This new form of presidential exit thus illustrates both the power of presidential direct actions and of exit from them.

CONCLUSION

On the campaign trail, President Trump promised to undo President Obama’s agenda on many fronts. Upon taking office, he quickly began to do just that, rescinding a series of Obama’s executive orders, presidential memoranda, and other direct actions. This made news headlines, although in some respects it should not have—it is common for presidents from opposing parties to undo many of their predecessors’ direct actions.

Despite the near-ubiquity of this activity, it has largely escaped scholarly notice. Indeed, in Regulatory Exit, we completely overlooked the role of presidential exit.

Our starting point in this Article thus was to ask how well the model of exit developed in Regulatory Exit maps onto the president. With two important modifications, it maps well. The first modification has to do with the purpose of the specific exit. For legislatures and agencies, exit is intended to pull back from established regulatory burdens and benefits. For presidential direct actions, exit is intended to alter the course set by a predecessor president, which can involve regulatory burdens or benefits as well as the broader array of presidential constitutional authorities and statutory authorities. The second modification stems from the fact that presidential exit comes with a built-in default rule of mapped exit, in that a direct action can swiftly be undone with another direct action. This default of mapped exit also means there is no such thing as messy exit for direct actions.

Our case studies showed not only how the categories of mapped exit, uncertain exit, and adaptive exit map well onto presidential exit, but also how the default rule for direct actions—easy come, easy go—is not always followed. In the Paris Agreement example of mapped exit, President Obama threw a horcrux into the exit dynamics by linking his executive agreement to the terms of exit specified in the
Paris Accord. Though President Trump could have simply revoked Obama's executive agreement, he has instead followed the exit terms of the Paris Accord. In the Keystone XL pipeline example of uncertain exit, President Trump followed prior executive orders that delegated a role to the State Department before reversing President Obama's denial of the permit. In the Antiquities Act example of adaptive exit, rather than simply issue proclamations shrinking the two national monuments, President Trump closely tracked the statutory language as the exit criteria, delegating a role to the U.S. Department of the Interior. And lastly, we created the category of messed-up exit in place of messy exit to capture President Trump’s practice of undermining the easy come, easy go default rule by obfuscating the terms of his exit from prior direct actions. Indeed, his behavior in this regard so pervades his broader exit agenda, reaching not only direct actions but also agency and legislative agendas, that we created a metacategory of exit, symbolic exit, to encompass its political and legal implications.

Presidential exit is thus a more varied and complex story than the easy come, easy go default rule would suggest. Regardless of what one thinks about his policy positions, President Trump’s exits from direct actions, while more sparing in number than his predecessors, reveal the importance of thinking about presidential exit as a discrete form of exit that warrants attention from Congress and presidents as they contemplate the use of direct action authority.

Simply put, when Congress delegates direct-action authority to the president by statute, it should consider whether and how presidential exit can occur. While the president does not have the power to bind successors to exit terms, our case studies show that strategic design of direct actions can impose political and practical impediments to a successor, essentially preventing them from simply undoing the direct action with the stroke of a pen.

A key research question for further consideration is how the courts might weigh in on the default rules of presidential exit. For example, the ensuing litigation over President Trump’s efforts to shrink national monuments may produce a judicial default rule for instances in which a statute delegating direct-action authority is silent with regard to exit. And the conflicting case law on the status of agencies when presidents delegate them a role in the exercise of direct-action authority, such as the State Department for oil pipeline presidential permits, suggests the need for increased clarity on whether their actions are “presidential” or “administrative” for purposes of judicial review.
Indeed, the fact that these fronts of litigation over presidential exit are relevant today suggests that this Article has by no means exhausted what can be said or studied about presidential exit. Although it has long been a part of White House dynamics, President Trump’s unconventional and symbolic presidential exit strategy has uncovered the neglect of presidential exit as a topic of legal scholarship and the need to fill that gap with coherent theory and application. We are hopeful our treatment of the topic provides a foundation for moving forward with that research agenda.